

**MEDICAL CLEARANCE FOR CIVILIAN PHYSICAL FITNESS PROGRAM (PFP)**

*DOCTOR'S STATEMENT FOR PARTICIPATION IN PHYSICAL FITNESS ACTIVITIES*

PLEASE COMPLETE THE FOLLOWING STATEMENT FOR \_\_\_\_\_  
(EMPLOYEE'S NAME)

IS PHYSICALLY ABLE TO PARTICIPATE IN A PHYSICAL FITNESS PROGRAM WHICH SHE/HE HAS SELECTED WITHOUT LIMITATIONS, OR

IS PHYSICALLY ABLE TO PARTICIPATE IN A PHYSICAL FITNESS PROGRAM WHICH SHE/HE HAS SELECTED WITH THE FOLLOWING LIMITATIONS OF:

IS NOT PHYSICALLY ABLE TO PARTICIPATE IN A PHYSICAL FITNESS PROGRAM

DOCTOR'S PRINTED NAME

DOCTOR'S SIGNATURE

DOCTOR'S ADDRESS

DOCTOR'S PHONE NUMBER

**PROTECTED BY THE PRIVACY ACT OF 1974**

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### **About the ITAOP/savePDF Method**

The traditional Field-by-Field creation process is extremely ineffective and slow.

The only realistic option to create high-quality forms is the Insert-Text-Anywhere-on-Page (ITAOP) method.

The field creation process is about 10,000 times faster than the traditional method; the list of ITAOP features is not even available for the traditional method.

ITAOP savePDF method proved to be very simple and completely reliable for millions of users all over the world (incl. individuals, companies, organizations, government employees).