

PATIENT'S IDENTIFICATION (Use this space for Mechanical Imprint)

ADULT PREVENTIVE CARE - FLOW SHEET

(This Form is Subject to the Privacy Act of 1974 - Use Blanket PAS - DD Form 2005)

YEAR																				
AGE																				
DATE TYPES(s)																				

SUGGESTED TOPICS (Check if appropriate)

<input type="checkbox"/> Aspirin (A)	<input type="checkbox"/> Physical Activity (P)
<input type="checkbox"/> Drugs/Alcohol (D)	<input type="checkbox"/> Sexual Behavior
<input type="checkbox"/> Estrogen (E)	<input type="checkbox"/> (S) Tobacco (T)
<input type="checkbox"/> Folate (F)	<input type="checkbox"/> UV Exposure (U)
<input type="checkbox"/> HIV/AIDS (H)	<input type="checkbox"/> Violence & Guns (V)
<input type="checkbox"/> Injuries (I)	
<input type="checkbox"/> Nutrition (N)	
<input type="checkbox"/> Occupat. Health (O)	

DATE TYPES(s)																				
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HEALTH MAINTENANCE EXAMINATIONS AND TESTS

TEST	FREQUENCY	DATE	RESULT																	
Clinical Disease Prevention Evaluation	Once @ 18-39, 40-64 yrs	DATE	RESULT																	
Clinical Breast Exam	Annually @ 40 yrs + or @ high risk	DATE	RESULT																	
Mammography	Baseline @ 40: q2 yrs 40-50: q yr @ 50 plus	DATE	RESULT																	
Papanicolaou Smears (Pelvic Exam)	Annually @ 18 yrs; q3 yrs after 3 normal tests	DATE	RESULT																	
Proctosigmoidoscopy or Sigmoidoscopy	Once q3-5 yrs @ 50 yrs +	DATE	RESULT																	
Hepatitis B Screening (HBsAG)	Pregnant females - once during prenatal period	DATE	RESULT																	
Cholesterol (total non-fasting)	At least q5 yrs @ 18 yrs +	DATE	RESULT																	
Blood Pressure Screening	Minimum once q2 yrs	DATE	RESULT																	
Digital rectal Exam	Annually @ 40 yrs +	DATE	RESULT																	
Prostate Exam	Annually @ 40 yrs +	DATE	RESULT																	
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Suggested Result Codes: O = Ordered N = Result Normal A = Result Abnormal R = Refused E = Done Elsewhere = Next Due

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The traditional Field-by-Field creation process is extremely ineffective and slow.

The only realistic option to create high-quality forms is the Insert-Text-Anywhere-on-Page (ITAOP) method.

The field creation process is about 10,000 times faster than the traditional method; the list of ITAOP features is not even available for the traditional method.

ITAOP savePDF method proved to be very simple and completely reliable for millions of users all over the world (incl. individuals, companies, organizations, government employees).

